

# Patient Tobacco Treatment Intake Form



Date: \_\_\_\_\_ Time: \_\_\_\_\_ Pharmacist's Name: \_\_\_\_\_

## SECTION 1: PATIENT INFORMATION

Name (Last, First): \_\_\_\_\_ Date of Birth (Must be 18+): \_\_\_\_\_ Gender: \_\_\_\_\_

Primary Phone Number: \_\_\_\_\_ Home Address: \_\_\_\_\_

Insurance Provider: \_\_\_\_\_

BIN	PCN	CARDHOLDER ID	GROUP NUMBER

PCP Name: \_\_\_\_\_ PCP Phone Number: \_\_\_\_\_

## SECTION 2: MEDICAL CONDITIONS

Current Medical Conditions:

Past Medical Conditions:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## SECTION 3: HIGH-RISK SCREENING

1. Pregnant or planning to become pregnant in the next 6 months?  No  Yes
2. Heart attack in past 2 weeks?  No  Yes
3. History of arrhythmias or irregular heartbeat?  No  Yes
4. Unstable angina or chest pain with strenuous activity?  No  Yes
5. History of mental health disorder and is perceived to not be stable?  No  Yes

**IF YES:** Consult with or refer patient to PCP.

## SECTION 4: OTHER HISTORY

1. Family history of tobacco use or tobacco-related disease: \_\_\_\_\_
2. Other medical conditions: \_\_\_\_\_
3. Current living environment: \_\_\_\_\_
4. Social history: \_\_\_\_\_

## SECTION 5: MEDICATIONS AND ALLERGIES/HYPERSENSITIVITIES

Current Medications: \_\_\_\_\_

Allergies/hypersensitivities: \_\_\_\_\_

## SECTION 6: ASSESS TOBACCO USE HISTORY

**ASK:** Are you ready to set a quit date?  **No**  **Yes** (if yes, record quit date below under "Documentation")

**ASK:** What types of tobacco/nicotine do you use?

TYPE	HOW MUCH AND HOW OFTEN (PER DAY)?	HOW LONG USED?
Cigarettes		
E-cigarettes/JUUL/Vaping		
Smokeless Tobacco (Dip, Chew)		
Cigars or Cigarillos		
Other:		

**ASK:** How many minutes after you wake up do you have your first cigarette/tobacco/nicotine? \_\_\_\_\_

**ASK:** Any recent changes in your tobacco/nicotine use? \_\_\_\_\_

**ASK:** Have you tried to quit before?  **No**  **Yes**

**If YES:** How many times? \_\_\_\_\_ When was last quit attempt? \_\_\_\_\_ Longest quit attempt? \_\_\_\_\_

**ASK:** Did you call the tobacco quitline or participate in any other form of counseling?  **No**  **Yes**

**If YES:** What did you like, or not like, about it? \_\_\_\_\_

**ASK:** What quitting medicines have you tried in the past? Discuss effectiveness, withdrawal symptoms, how med was taken (daily and duration), overall experience (does it make sense to try it again?).

**ASK:** Main reasons for returning smoking/tobacco use? Anticipated challenges this time?

## DOCUMENTATION

**IF READY TO SET QUIT DATE:** Complete the following and initial to the left of each requirement.

\_\_\_ Discuss medication options and select treatment

\_\_\_ Ask patient to choose a quit date (if using bupropion SR or varenicline, consider medication start date)

**Patient's planned quit date is:** \_\_\_\_\_

\_\_\_ Refer patient to Vermont Quitline (**1-800-QUIT-NOW**) or other program: \_\_\_\_\_

\_\_\_ Document treatment plan

\_\_\_ Schedule follow-up appointment within 2 weeks of quit date:

**Date & Time:** \_\_\_\_\_ **Check One:**  In-Person  Phone **ASK:** Preferred Contact # \_\_\_\_\_

\_\_\_ Advise patient to follow-up with PCP

\_\_\_ Contact patient's PCP within 3 business days